

Wellness from Coast to Coast to Coast

The 2016 Canadian Forum on
Public Education: Wellness in
our Schools - Time to Act!

July 11, 2016



OTIP RAEO®

Gail Enever

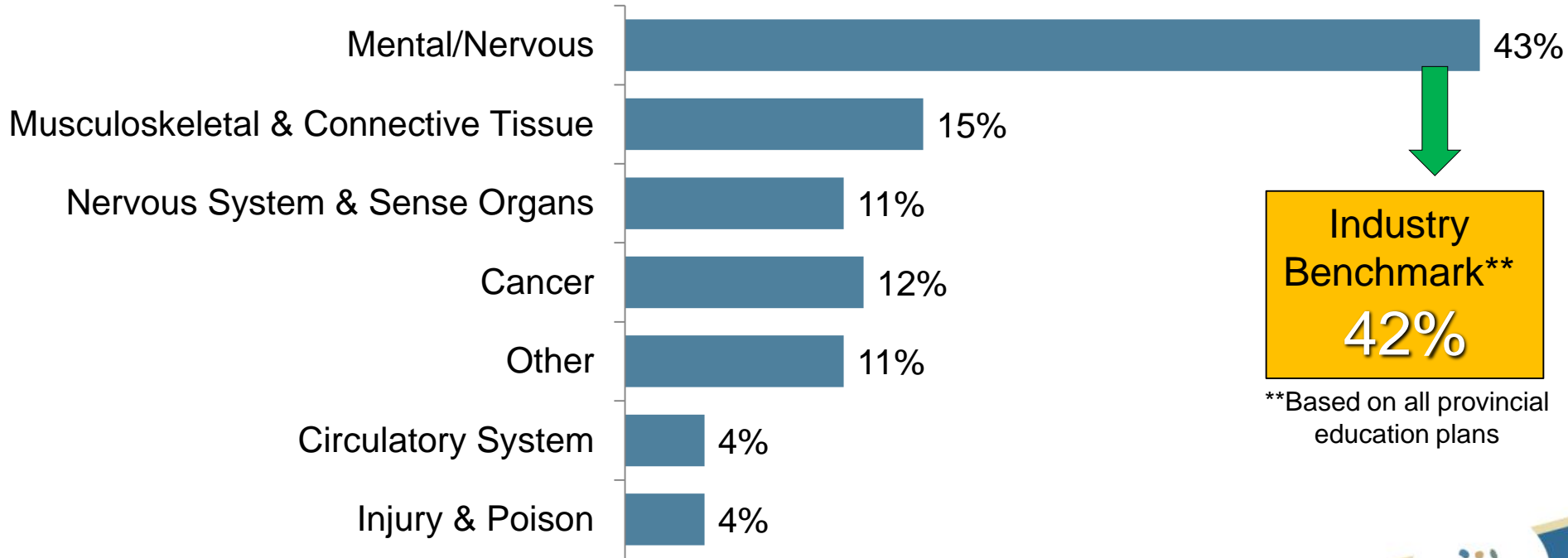
Associate Vice President of
Group Life & Disability Claims

OTIP Background

- Not-for-profit Trust – 1977
- Created and owned by four education affiliates
- Board of Trustees: AEFO, ETFO, OECTA, OSSTF/FEESO
- Third-Party Administrator (TPA) of benefits
- 160,000 educational workers

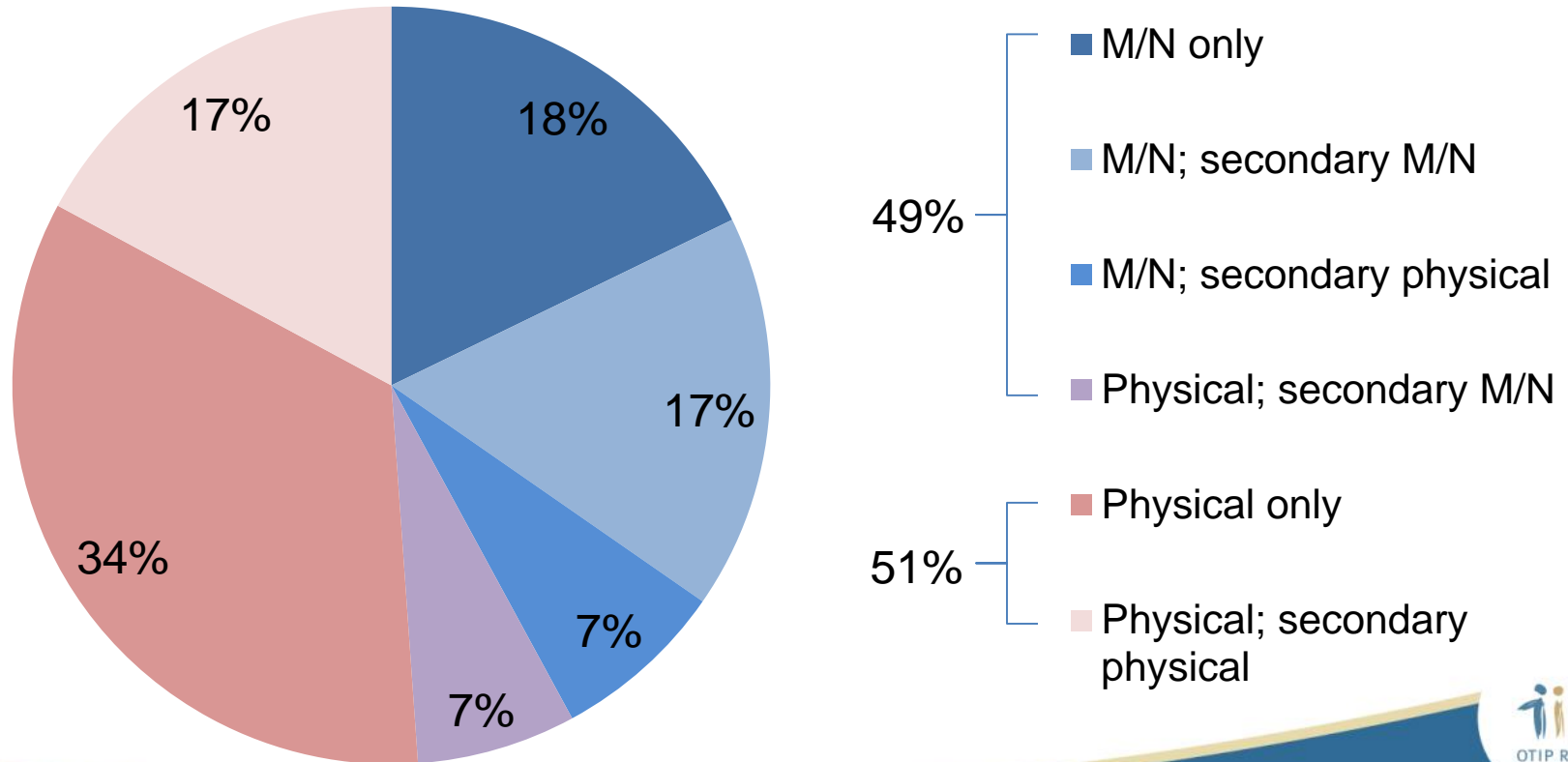


Disability by Diagnosis



Other includes: Digestive, Diabetes, Asthma, COPD, Lupus

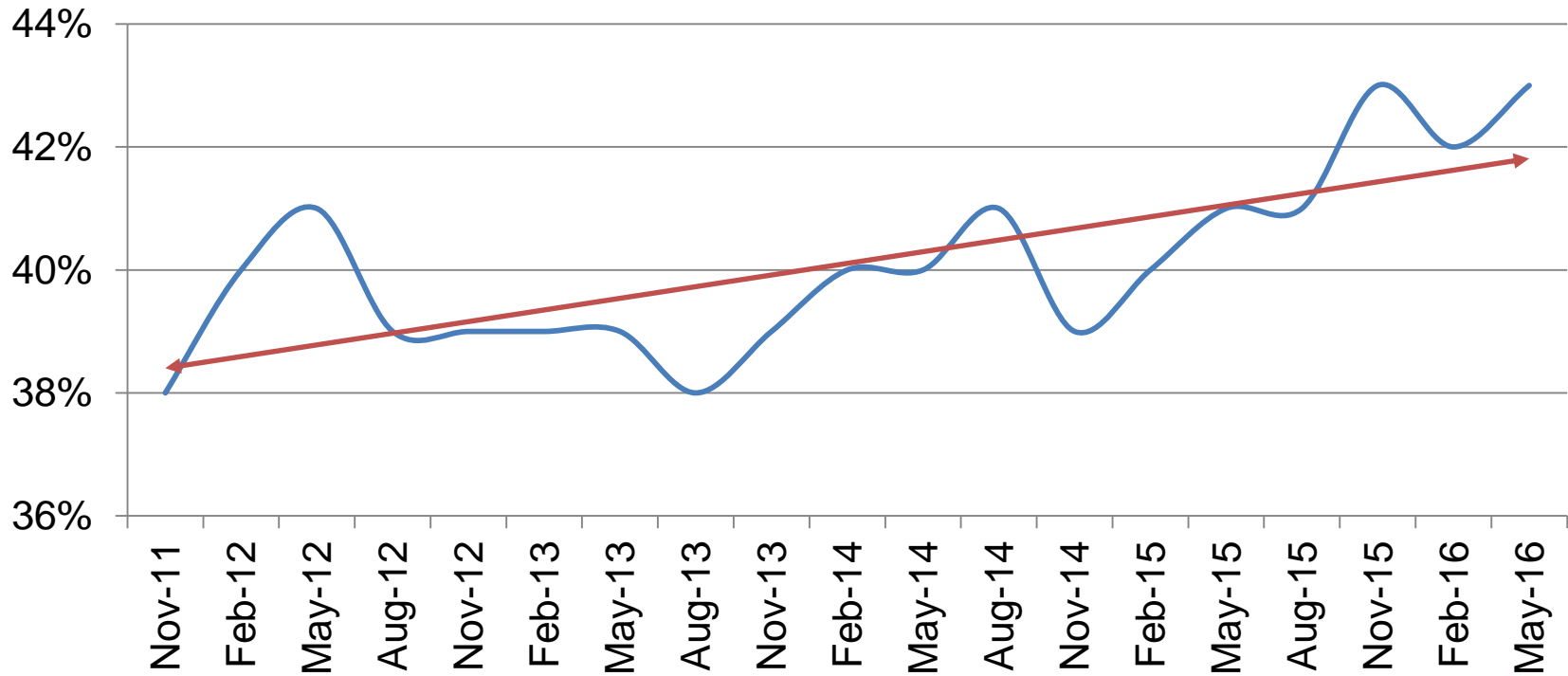
Mental/Nervous Diagnosis



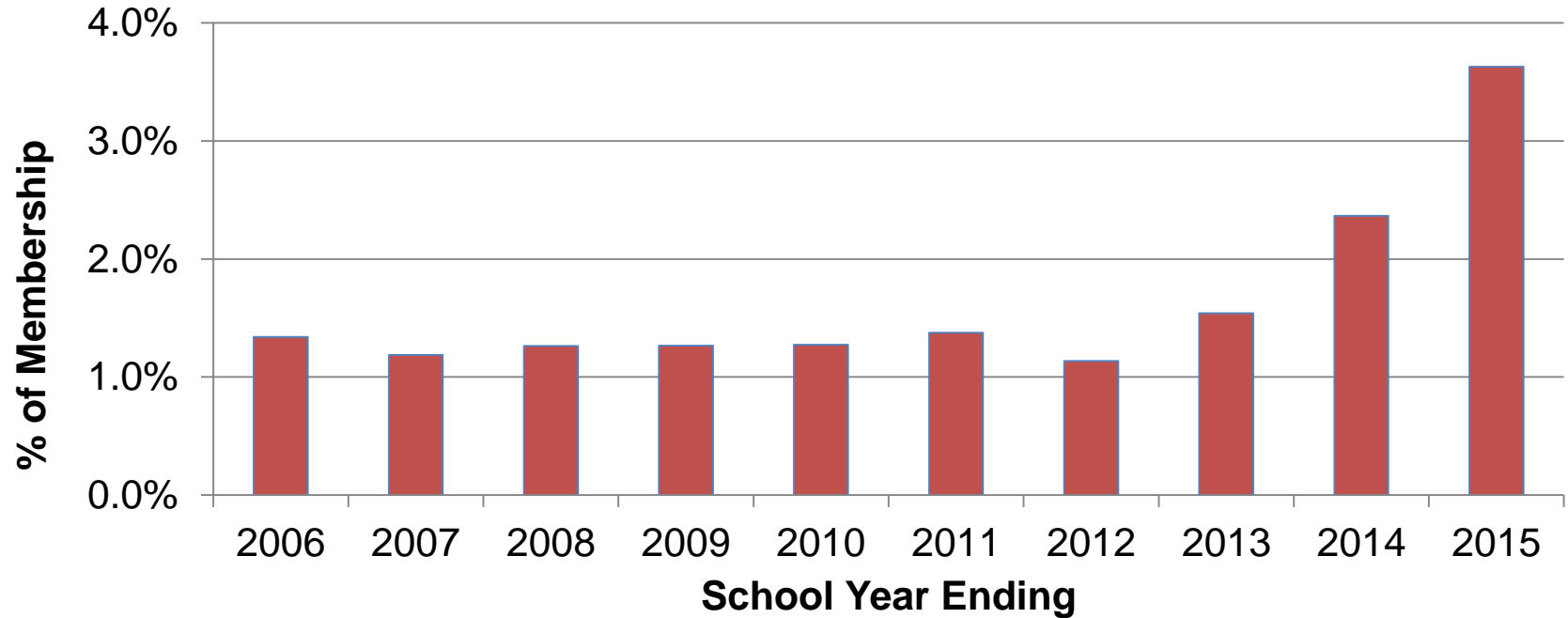
Top 4 Disability Categories

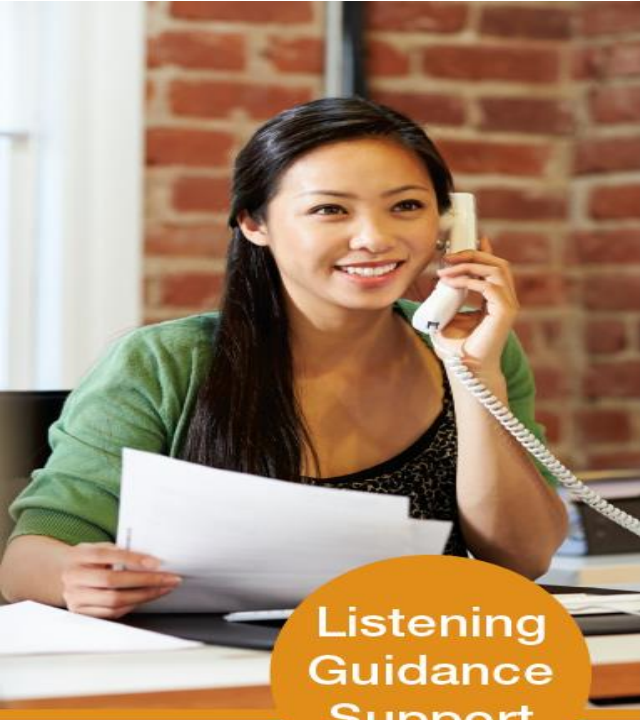
Mental & Nervous	Musculoskeletal & Connective Tissue	Cancer	Nervous Systems & Sense Organs
43%	15%	12%	11%
Major Depression	Degenerative Disc Disease	Breast	Multiple Sclerosis
Bipolar Disorder	Fibromyalgia	Brain	Parkinson's Disease
Generalized Anxiety Disorder	Osteoarthritis	Colon	Chronic Pain Syndrome

Mental/Nervous Claims (as a % of Total Claims)



Notice of Prolonged Absence





Listening Guidance Support

Early Intervention Program Overview

Professional Early Intervention Rehabilitation Consultants provide valuable assistance to members who are absent from work due to illness or injury, working directly with members early in their absence from work, before a disability claim is filed.

About OTIP

For over 35 years, OTIP (Ontario Teachers Insurance Plan) has been providing unique insurance solutions for Ontario's education community. OTIP is a non-profit organization directed by a Board of Trustees with representatives from each of the four education affiliates (AEFO, ETFO, OECTA and OSSTF).

Early Intervention Support for Over Ten Years

The OTIP Early Intervention Program is supported by a team of caring professionals who help members navigate the road back to recovery and return to work. This may also include information and assistance to help members lead a healthy and balanced lifestyle.



OTIP RAEO.

OTIP Early Intervention Program
125 Northfield Drive West
PO Box 218
Waterloo ON N2J 3Z9

Solutions that work for the education community

1.800.267.6847 | www.otip.com

Early Intervention

Providing the help you need –
when you need it.



OTIP RAEO.

Proactive
Confidential
Timely

Early Intervention Services

Service	Utilization
	Proportion of utilization %
Counselling	34%
Physiotherapy	18%
Personal Training/Fitness Coach	14%
Massage Therapy	13%
Chiropractor	8%
Alternative Therapy	7%
Other Services	6%
TOTAL	100%

Other Services includes Devices, Diagnostic Testing, Medical Assessments, Speech Therapy

Important Value Adds - Support Programs



FeelingBetterNow[®]

Connecting Mental Health Problems to Solutions

CAREpath Navigation System

Tailored one-on-one emotional support and medical advice from the initial cancer diagnosis (or medical suspicion of cancer) throughout treatment, post-treatment and into remission.

CAREpath Survivor Support

Information and guidance for successful survivorship.

As of December 2015, **9,798 members** have accessed FeelingBetterNow.

72% of users had a high diagnostic risk for a clinical disorder.

90% of users were at work full- or part-time and of them reported a productivity loss greater than **20%**.

Introducing CAREpath

- A cancer assistance program that provides one-on-one, telephonic counselling, guidance and support by an Oncology Nurse Care Manager, backed by oncology physicians.
- Available to members who have long term disability (LTD) coverage with OTIP (immediate family members have access to this service too).



CAREpath can help members and their family get the medical and emotional support they need and can answer their questions.



How FeelingBetterNow[®] can help

FeelingBetterNow[®] offers evidence-based assessments for major mental health conditions:

Alcohol and Substance Abuse

ADHD

Insomnia

Anger Problems

Eating Disorders

Adjustment Issues

Depression

Generalized Anxiety

Social Anxiety

Panic Attacks

Bipolar Disorder

PTSD

OCD