



Highlights of CTF Survey on the Quest for Teacher Work-Life Balance

(Conducted Feb. 24th to March 26, 2014)



About The Survey

- ✓ **Purpose**
- ✓ **Number of Respondents**
- ✓ **Four Sections:**
 - **Work-Life Balance**
 - **Conditions of Professional Practices – largest section**
 - **Teacher Professional Autonomy**
 - **Striving Towards Balance**

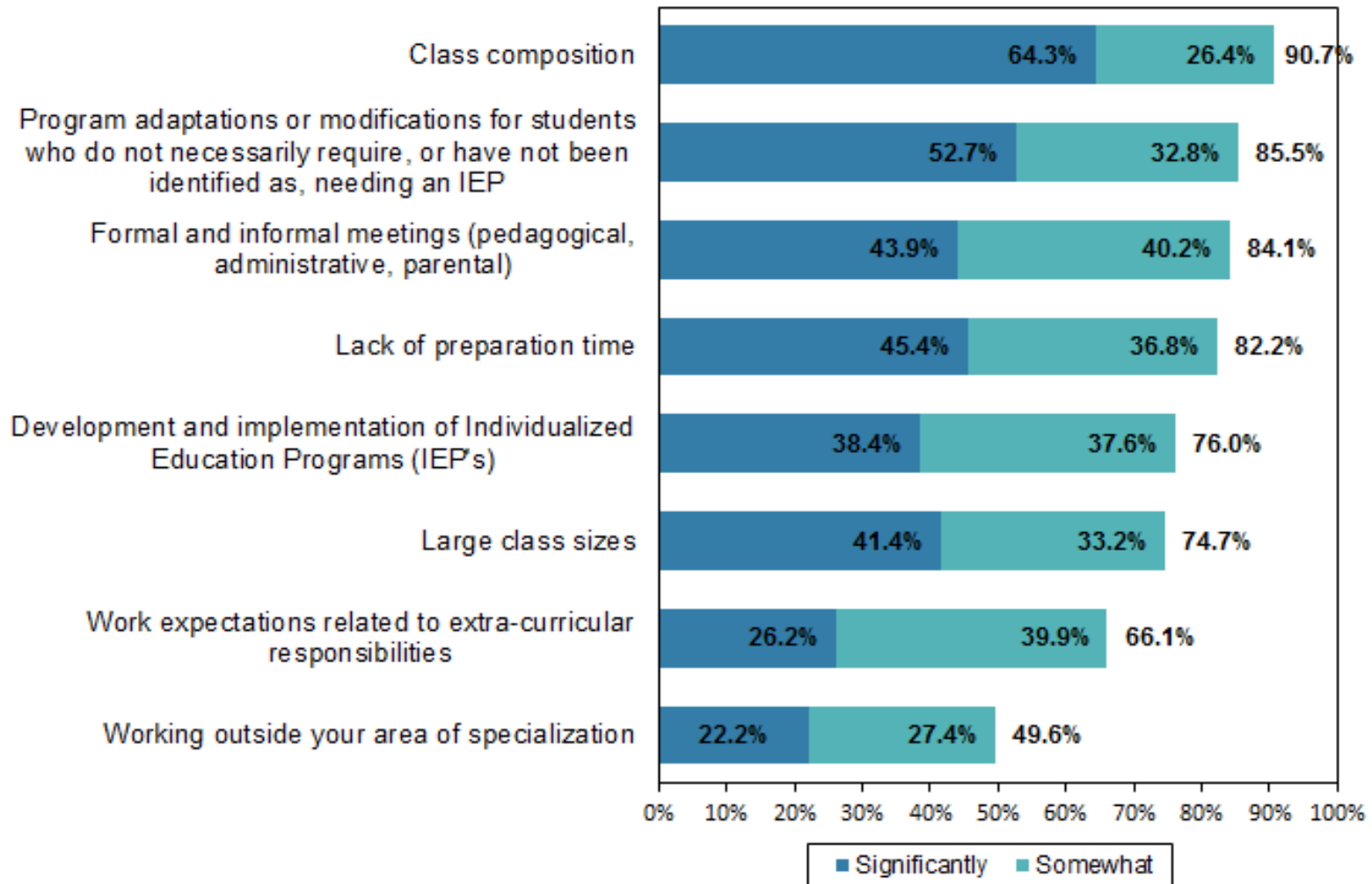
Key Foundational Principles

- ✓ **Children's Rights to an Equitable Education**
- ✓ **Teacher Commitments to Children and to their Profession**
- ✓ **Teachers' Working Conditions are Children's Learning Conditions**

Conditions of Professional Practice: Workload

Question: *To what extent do you feel each of the following is contributing to stress you may be experiencing?*

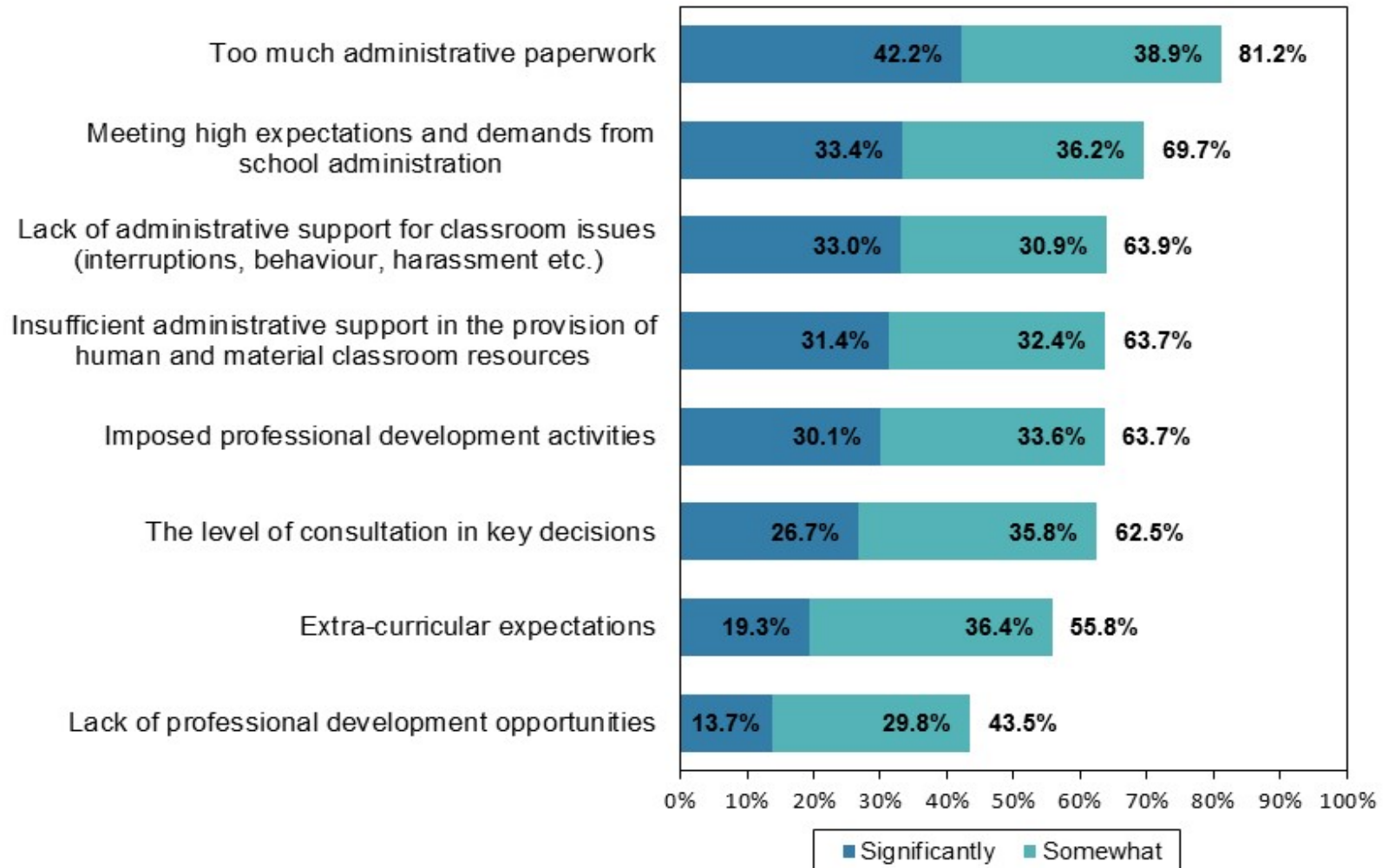
Percentage of Teachers Experiencing Stress



Conditions of Professional Practice: Administration

Question: To what extent do you feel each of the following is contributing to stress you may be experiencing?

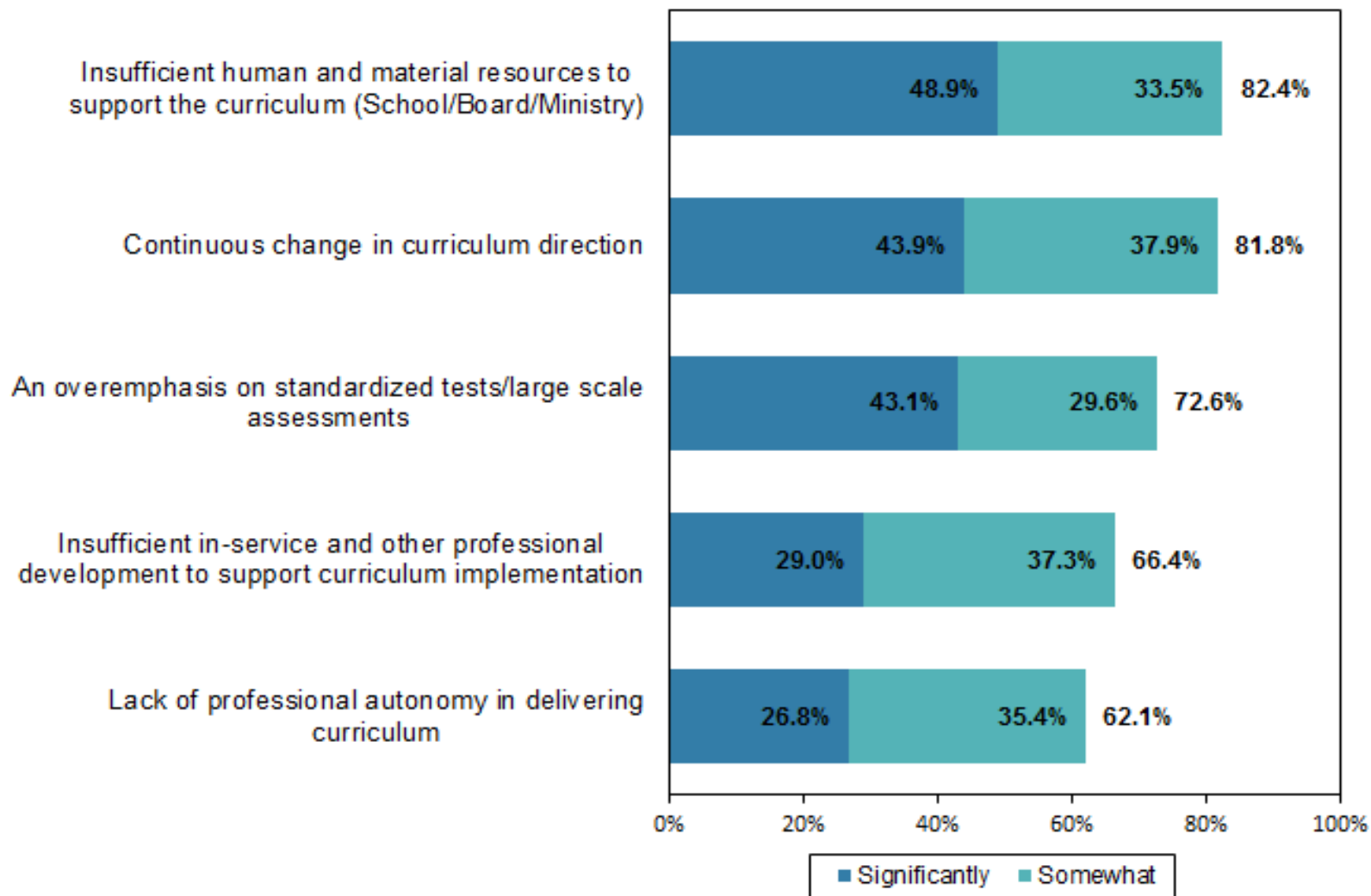
Percentage of Teachers Experiencing Stress



Conditions of Professional Practice: Curriculum

Question: To what extent do you feel each of the following is contributing to stress you may be experiencing?

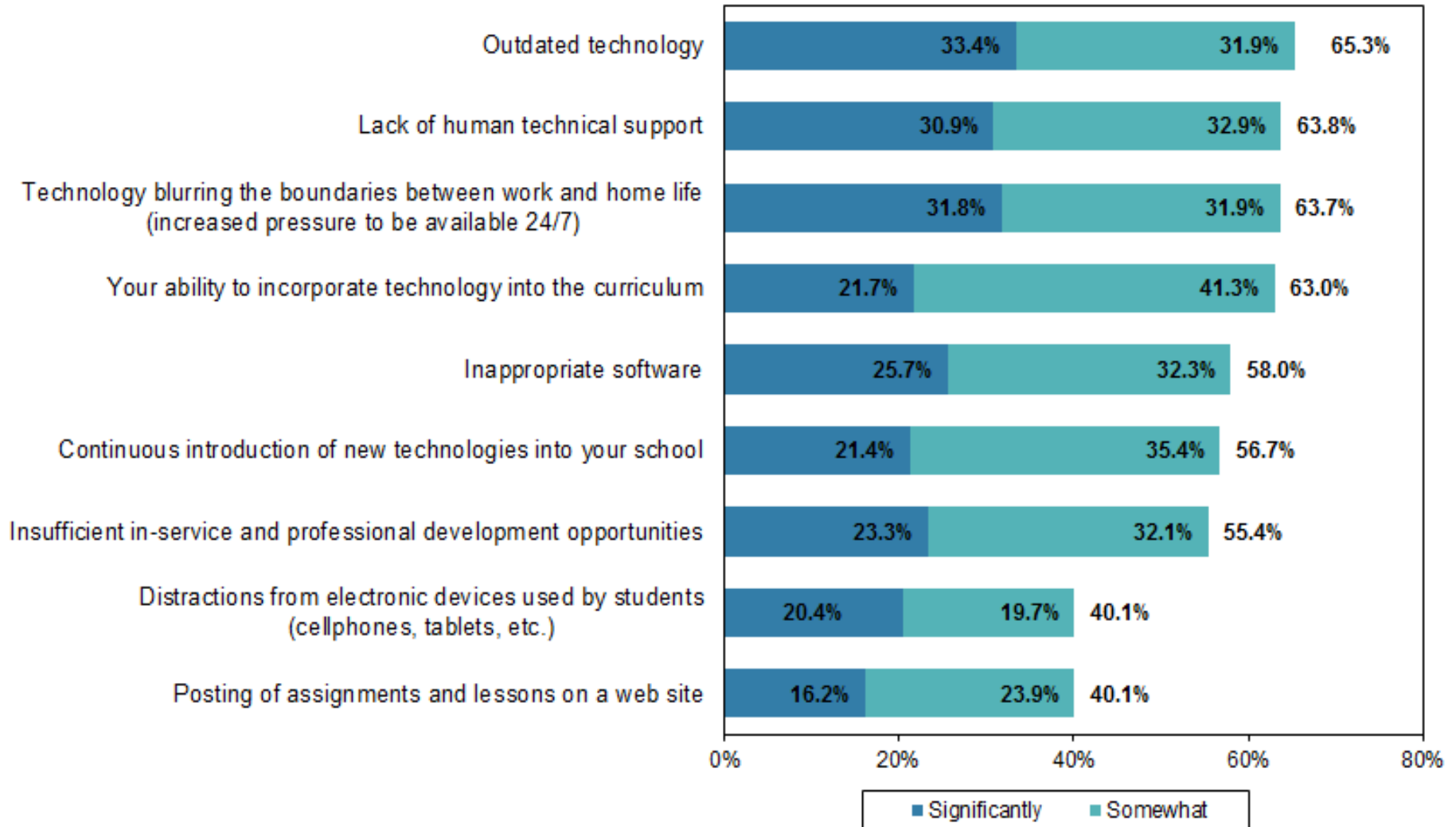
Percentage of Teachers Experiencing Stress



Conditions of Professional Practice: Technology

Question: To what extent do you feel each of the following is contributing to stress you may be experiencing?

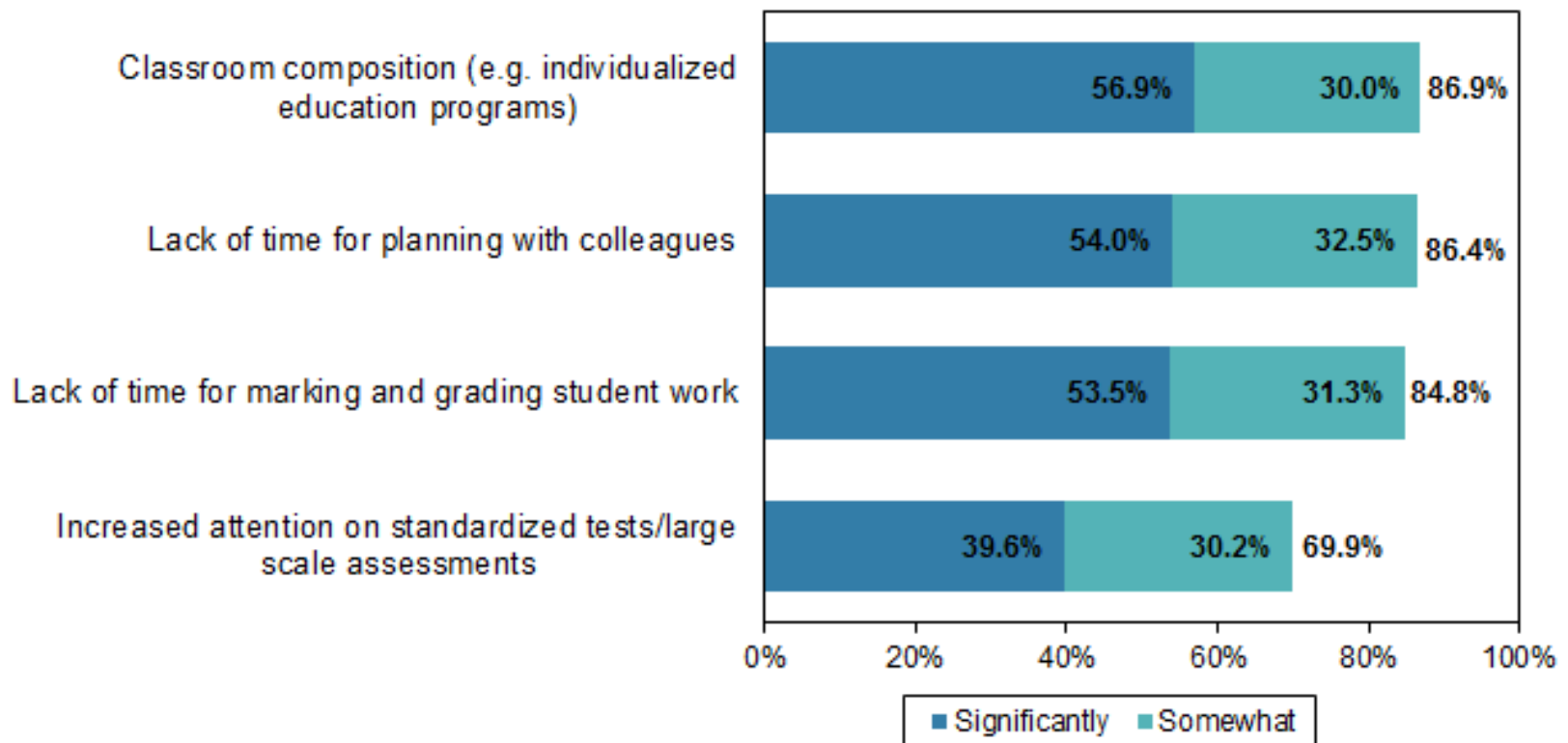
Percentage of Teachers Experiencing Stress



Conditions of Professional Practice: Assessment and Evaluation

Question: To what extent do you feel each of the following is contributing to stress you may be experiencing?

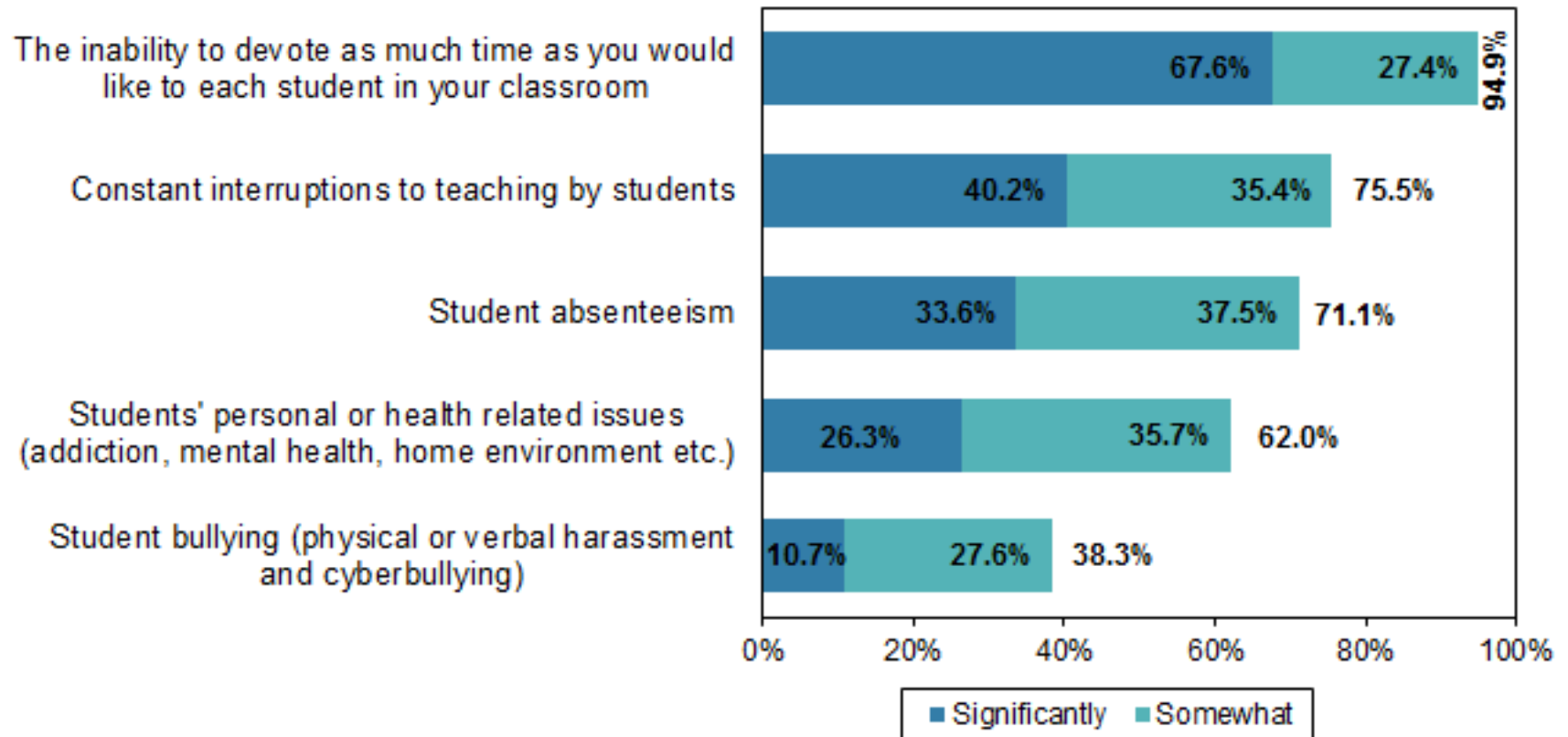
Percentage of Teachers Experiencing Stress



Conditions of Professional Practice: Student Related

Question: To what extent do you feel each of the following is contributing to stress you may be experiencing?

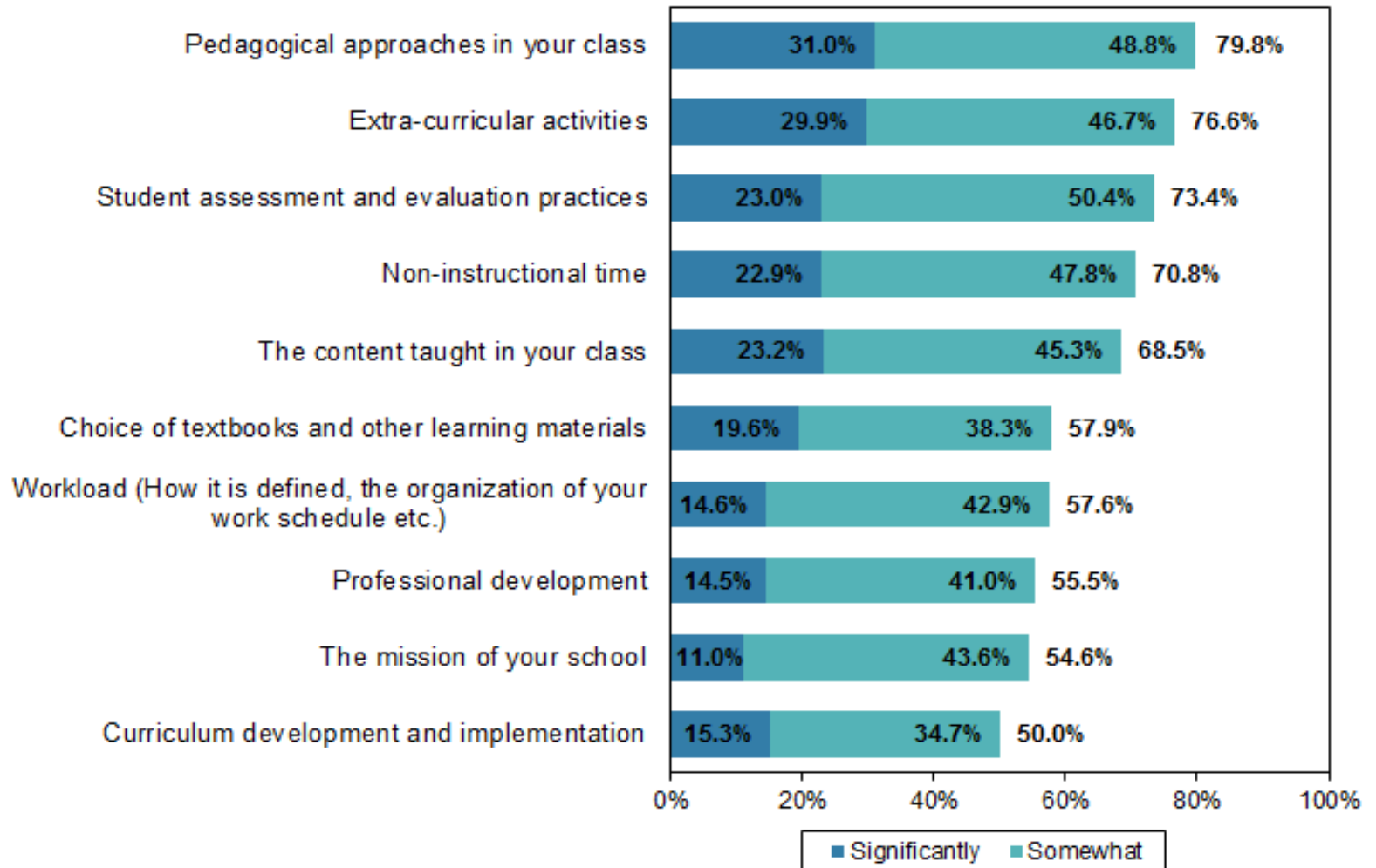
Percentage of Teachers Experiencing Stress



Teacher Professional Autonomy: The Good News

Question: To what extent do you feel you have autonomy, that is, the ability to exercise your professional judgment with respect to the following areas of your work?

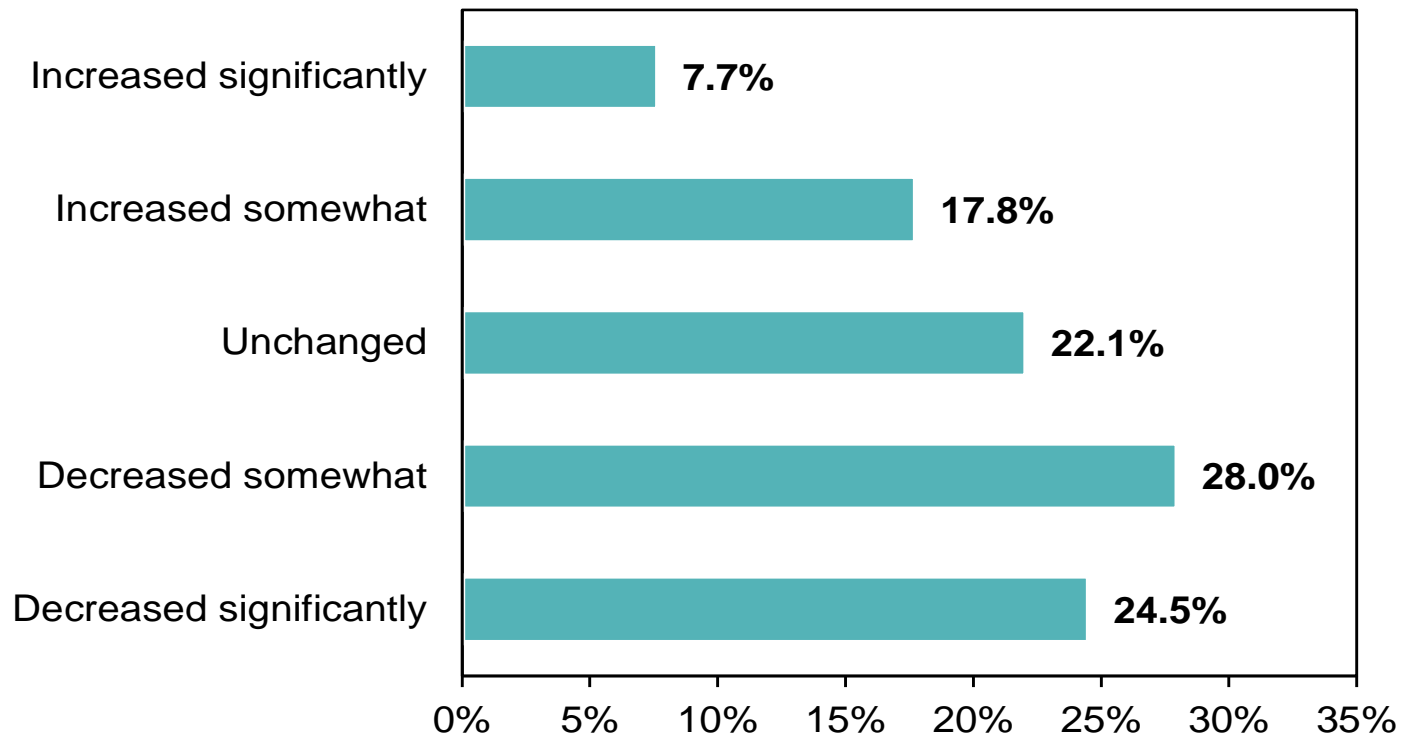
Percentage of Teachers Who Feel They Have Autonomy



Teacher Professional Autonomy: A Caution

Question: To what extent do you feel that your professional autonomy has changed over the last five years?

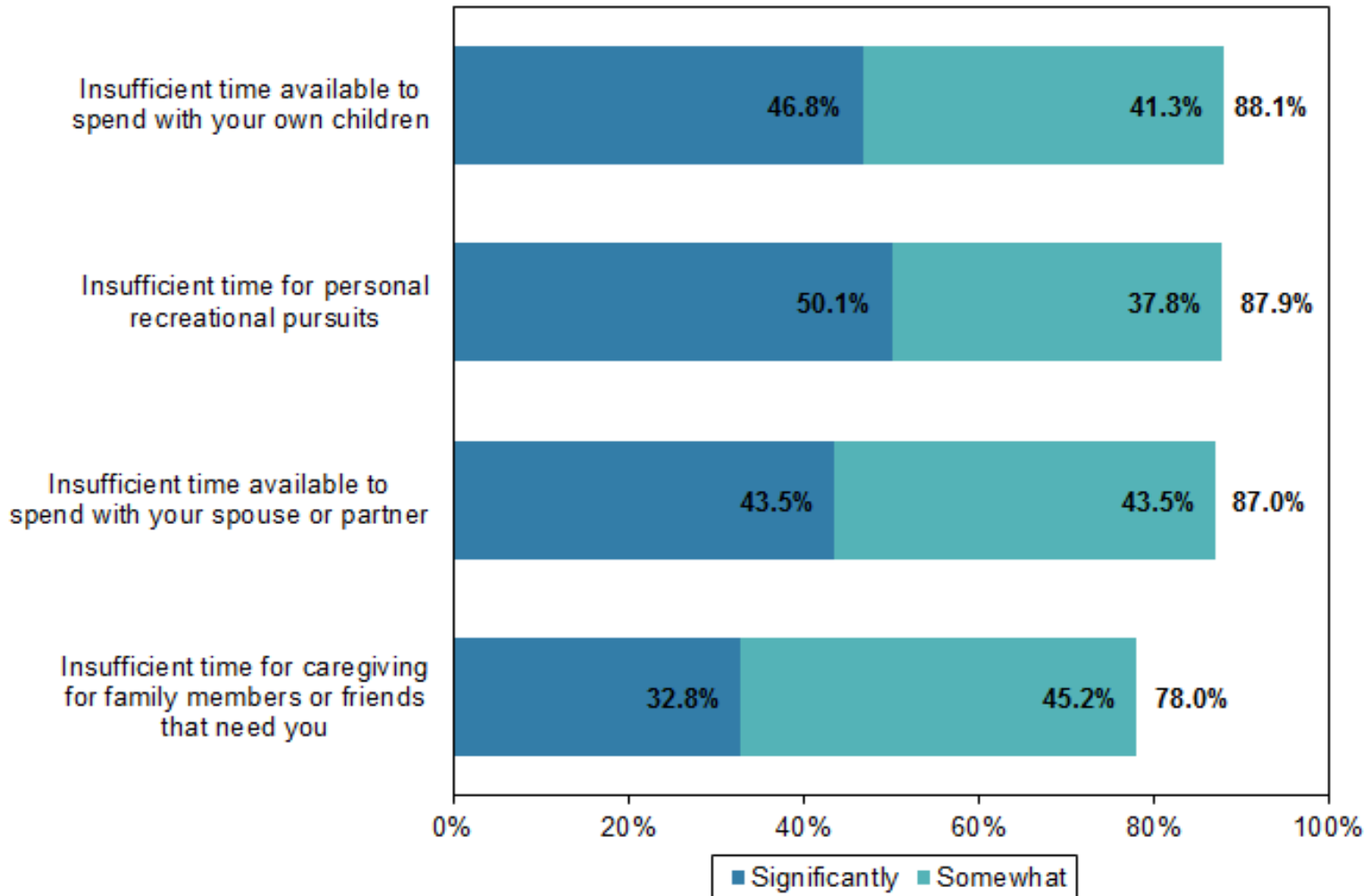
- Over half of teachers surveyed who have been teaching for at least 5 years (53%) believe that their professional autonomy has decreased over the past 5 years, including 25% who report it has “decreased significantly” and 28% who say it has “decreased somewhat”.



Work-Life Balance

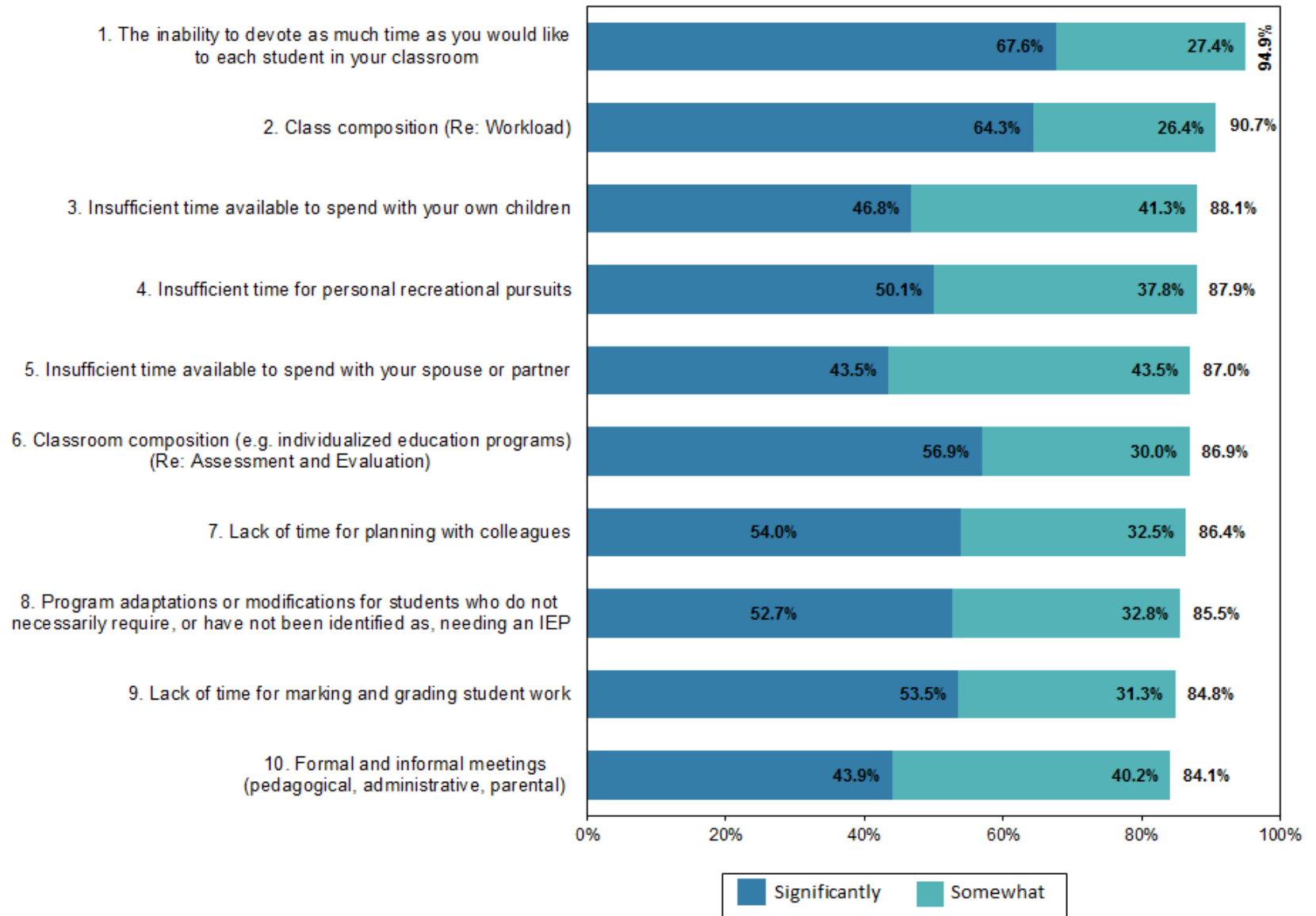
Question: To what extent do you feel each of the following is contributing to stress you may be experiencing?

Percentage of Teachers Experiencing Stress (Excluding N/A Responses)



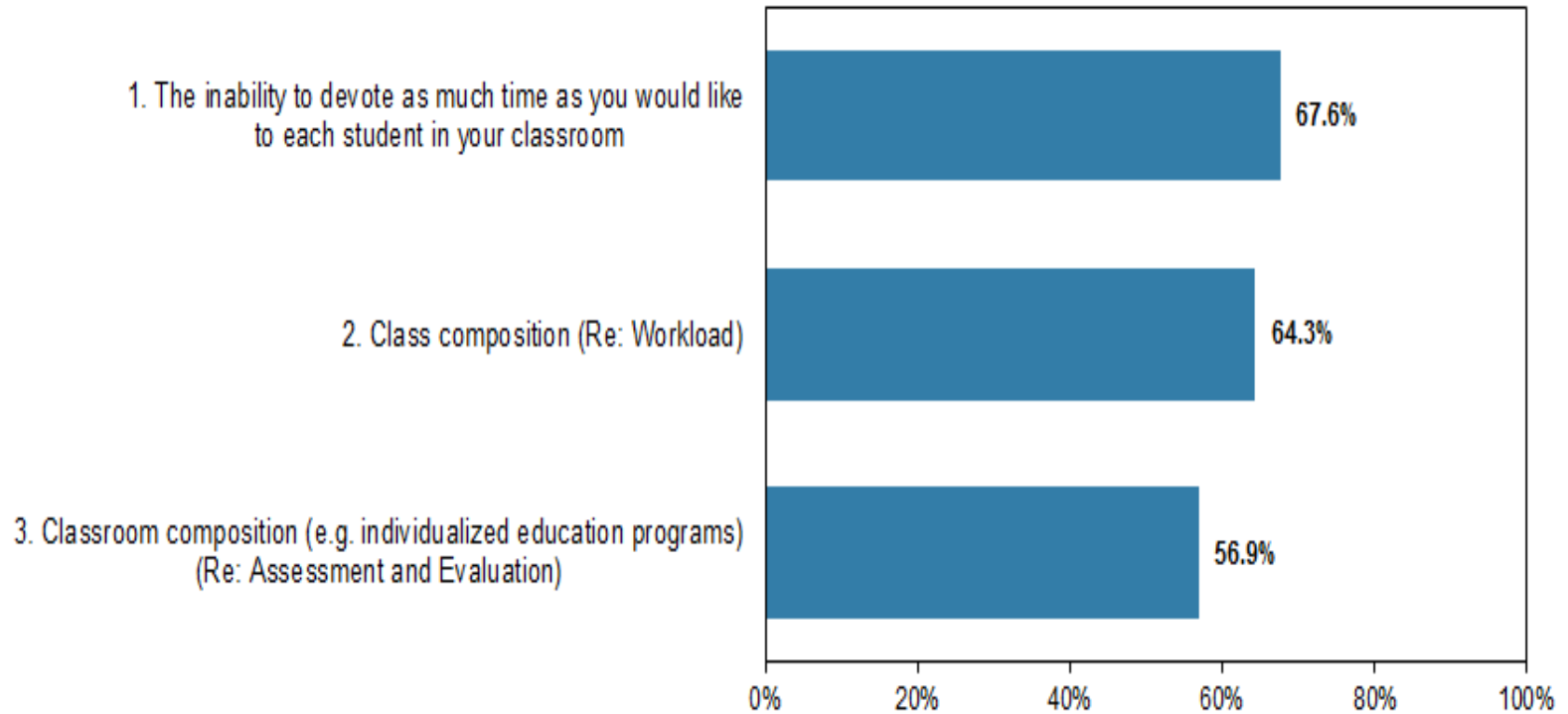
Summary of Top 10 Teacher Stressors

(Based on "significantly" and "somewhat" combined)



Note: Issues 3, 4 and 5 exclude individuals who reported "Not Applicable".

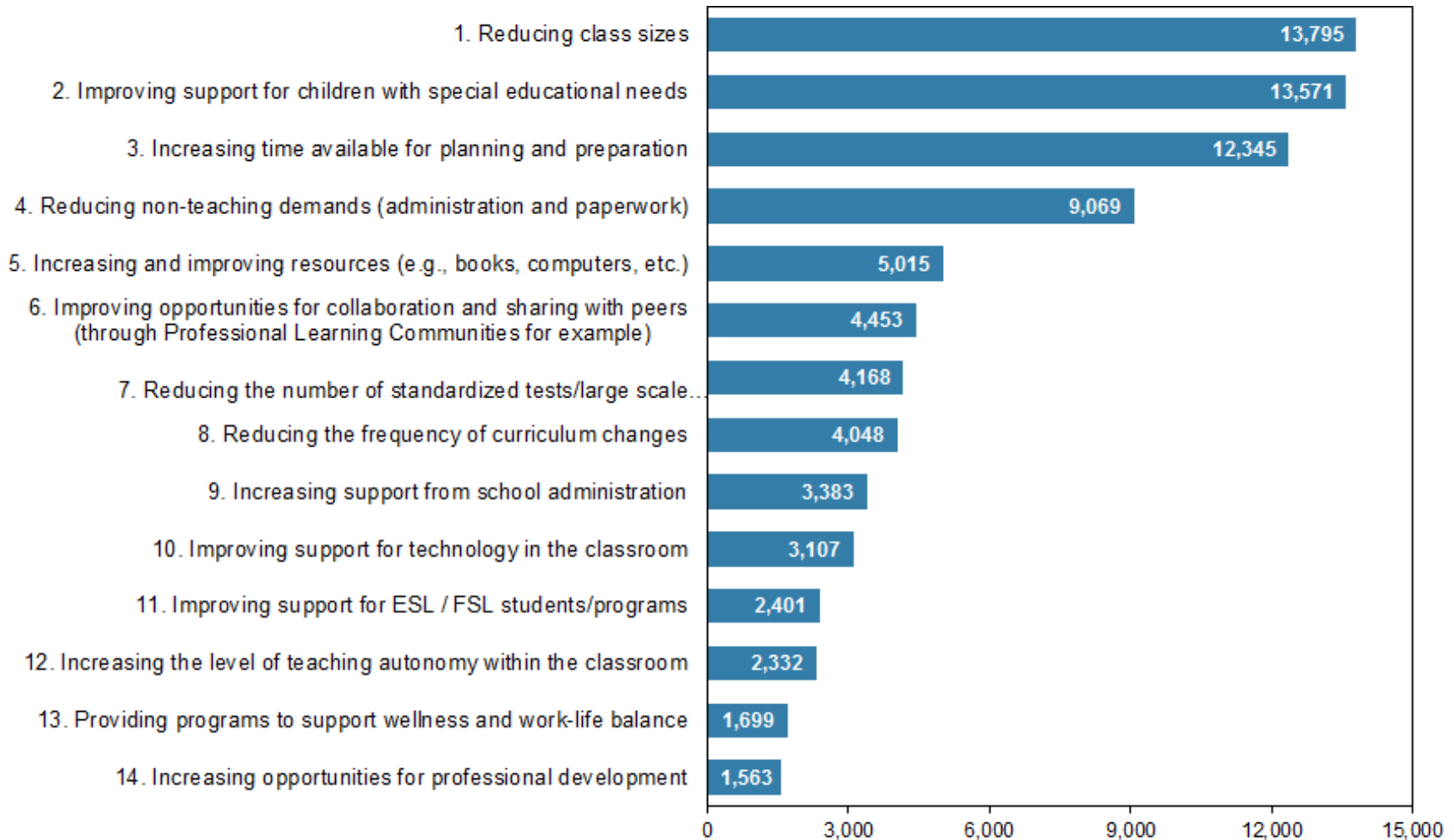
Summary of Top 3 Teacher Stressors (Based on respondents who reported "significantly")



Striving Towards Balance: The Data

Question: Select the four top priority areas that you feel would improve your work-life balance and enable you to become a more effective teacher:

Top Four Priority Areas for Improving Teachers' Work-Life Balance and Enable Them to Become More Effective (Ranking of Based on Weighted Overall Score*)



Striving Towards Balance: Priorities

Question: Select the four top priority areas that you feel would improve your work-life balance and enable you to become a more effective teacher:

- Among 14 issues surveyed, the top four priority areas that Canadian teachers believe would improve their work-life balance and enable them to become a more effective teacher are:
 - Reducing class sizes
 - Improving support for children with special educational needs
 - Increasing time available for planning and preparation
 - Reducing non-teaching demands (administration and paperwork)



Questions?

