GIVING PLASMA IS IN **OUR** BLOOD

The Canadian Theachers Federation Plasma Drive Monday April 15th to Friday September 27th In our 11 x Centers

Share a special moment with co-workers and loved ones while doing a good deed. Come give plasma!

What is plasma?

Plasma is the liquid part of blood in which the red blood cells, white blood cells and platelets are bathed. It is yellow, made up of 90% water and rich in proteins.



Quebec needs to **double its plasma donations.**

Plasma donations are **used to produce specialty drugs** that treat a wide range of rare diseases, conditions and symptoms.

These products are **exclusively distributed by Héma-Québec** via hospitals.

Plasma donation is **very safe**. You can donate **every six days**.

There is **very high demand for plasma** and Quebec needs to improve its local supply.



"By the time I was three, I had already undergone numerous examinations and been hospitalized several times, when the hematology and immunology team at Sainte-Justine Hospital diagnosed my condition as immunodeficiency with cyclic neutropenia.

"I immediately began receiving gamma globulin transfusions every four weeks."

Lauranne Saguenay



